

# Early Predictors of Suboptimal Response to CML Therapy Could Help in Determining Treatment Strategy

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## ABSTRACT

Chronic myeloid leukemia (CML) respond dramatically to molecular target therapy; imatinib (IM), a first generation tyrosine kinase inhibitor (TKIs). Quantitation of cytokines like Interleukin-6, Interleukin-7 and Transforming growth factor- $\alpha$  plasma levels before IM therapy, could assess early molecular response (EMR) to IM and predict imatinib failure. A case-control study of 30 CML patients and 30 controls. Levels of IL-6, IL-7 and TGF- $\alpha$  were assayed by ELISA (R&D systems, USA) for both controls and patients. The patients' BCR-ABL1 transcript was assayed by real time-quantitative polymerase chain reaction, using ipsogen® BCR-ABL1 Mbc Kit on the Rotor-Gene Q MDx (Qiagen, USA). Cytokines and BCR-ABL1 levels were done both before therapy and at 3 months follow up. Three months following IM therapy, the patients were divided into improved (n= 27) and non-improved (n= 3) groups; based on the establishment of EMR. Plasma levels of IL-7, IL-6 and TGF- $\alpha$  were significantly higher in CML patients ( $p < 0.05$ ). Cytokines plasma levels dropped significantly after IM therapy ( $p < 0.05$ ). Correlation studies revealed a strong positive correlation between pretreatment levels of both IL-6 and TGF- $\alpha$  and posttreatment levels of BCR-ABL transcript ( $r = 0.89$  and  $0.84$ , respectively). IL-7 showed a poor correlation with posttreatment levels of BCR-ABL transcript ( $r = 0.32$ ). Our study revealed a possible role of IL-6, IL-7 and TGF- $\alpha$  as mediators of CML. The initial high levels of IL-6 and TGF- $\alpha$  was associated with the failure of achieving EMR. The initial high levels of IL-7 in CML patients appears to facilitate the disease process.

**Keywords:** Chronic myeloid leukemia, Imatinib, Early molecular response

## INTRODUCTION

Chronic myeloid leukaemia (CML) is probably one of the most comprehensively studied human malignancies. CML was the first human cancer that responds to molecular target therapy, imatinib, a member of tyrosine kinase inhibitors (TKIs).<sup>1</sup> Despite the excellent efficacy of imatinib, a subset of patients does not respond properly to it<sup>2</sup>, and are deemed to have resistance to the drug. Several mechanisms can play a role in the resistance to TKIs.<sup>3</sup> The resistance to first generation TKIs in CML patient may indicate that stem cells are not

dependent on BCR-ABL1 kinase for their survival, suggesting that kinase-independent mechanisms contribute to their survival.<sup>4</sup>

Tumor microenvironment plays a critical role in tumor initiation, progression and response to the treatment. Angiogenesis, a key rate-limiting step in the growth and dissemination of malignant tumors, is regulated by cytokines. Interleukin-6 (IL-6) is one of important cytokines involved in the vascularization of tumors.<sup>5</sup> IL-6 has been demonstrated to directly stimulate proliferation of tumor cells and promote angiogenesis.

Several reports have found that IL-6 levels correlate with disease progression and inversely correlate with response to treatment and survival.<sup>6-8</sup>

In myeloproliferative neoplasms serum levels of interleukin (ILs)-1a, IL-1b, IL-2 and IL-6 revealed interesting results as Cytokines profiling has proven valuable to identify prognostic factor in myelofibrosis and myelodysplastic syndromes, but similar comprehensive studies are lacking to date in CML.<sup>9</sup> Soluble factors produced in the bone marrow, such as growth factors like transforming (tumor) growth factor- $\alpha$  (TGF- $\alpha$ ) mediate homing, survival and proliferation of tumor cells.<sup>10</sup> IL-7 plays a significant role in hematological malignancies. Relevantly, Zhang and his colleagues in 2016 proved that high IL-7 levels in bone marrow microenvironment is associated with resistance to imatinib therapy.<sup>11</sup> These data prompted the fact that IL-7 could be a relevant marker in predicting response to imatinib therapy.

Our current study aims at quantifying serum levels of IL-7, IL-6 and TGF- $\alpha$  at time of CML diagnosis before beginning imatinib therapy, and assessing their possible usage as biomarkers for predicting subsequent early molecular response (EMR), failure to this therapy for proper strategic therapy fitting.

## MATERIALS and METHODS

A case-control study was conducted on 30 CML patients who were evaluable for molecular analysis at diagnosis and at 3 months follow up of IM therapy. The patients presented to the Outpatient Clinics of the Hematology Department at Kasr Al-Ainy Hospital, Cairo University from May 2015 to March 2016. Also 30 adult healthy controls, matched in age and sex with the selected patients were enrolled. This study was approved by Fayoum Faculty of Medicine Research Ethics Committee which is a member of the Egyptian Network and Research Ethics Committees (ENREC). Informed consent was obtained from all subjects. Inclusion criteria was newly diagnosed adult patients with morphologic and molecular/cytogenetic evidence of CML in all clinical stages as defined by the WHO 2016 criteria.<sup>12</sup> Exclusion of pregnant females as well as patients with significant renal, hepatic and

cardiac impairment was considered. All patients were subjected to full medical history taking and complete clinical examination for the presence of hepatomegaly, splenomegaly. Data collection from patients' files included their initial laboratory investigations (complete blood picture, leukocyte alkaline phosphatase (LAP) score, kidney and liver function tests and bone marrow examination) and abdominal ultrasound results. Sokal<sup>13</sup>, Hasford<sup>14</sup> and EUTOS<sup>15</sup> prognostic scores were calculated for all patients at presentation. Sterile venous blood was collected and divided in serum separator tubes and EDTA vacutainers. Serum was separated and divided into aliquots and stored at -80°C until used for cytokines assay. EDTA samples were used for molecular assay. Sample collection for both cytokines profiling and molecular analysis was done at the time of diagnosis and at 3 months after imatinib therapy for patients. IL-6, IL-7 and TGF- $\alpha$  serum levels were also done for the control group. Imatinib was given at a dose of 400 mg orally once a day. Hydroxyurea was used before imatinib for the treatment of elevated platelets ( $> 700 \times 10^9/L$ ) and WBC count ( $>50 \times 10^9/L$ ) for 2 weeks. Interleukin-6 (IL-6), Interleukin-7 (IL-7) and Transforming growth factor-alpha (TGF- $\alpha$ ) were quantitated by enzyme-linked immunosorbent assay (ELISA) employing the sandwich technique (R&D systems, USA). All readings were measured using Elx800 ELISA reader (BioTek, USA). Quantitative real-time PCR assay for BCR-ABL1 transcript was done using ipsogen BCR-ABL1 Mbc Kit on the Rotor-Gene Q Mdx (Qiagen, USA). The definition of hematologic, and molecular responses was defined according to WHO 2016.<sup>12</sup>

## Statistical Analysis

Data was collected and coded to facilitate data manipulation and double entered into Microsoft Access and all analyses were performed using the statistical package for the social sciences (SPSS software 17; SPSS Inc., Chicago, USA). For quantitative parametric data, independent student t-Test was used to compare two independent groups, while paired t-test in comparing two dependent groups. For quantitative non-parametric data, Mann-whitney test was used to compare two

**Table 1.** Selected laboratory characteristics and clinical evaluation of CML patients and controls

Parameter	Controls (n= 30)	CML (pre- treatment) (n= 30)	CML (post- treatment) (n= 30)	p-value control vs pre-treatment	p-value pre- vs post-treatment
Age	48.4±7.2	51.3±17.4	NS	NA	
Blast %	0	3.5±6.9	0.26±0.9	<0.001	<0.001
Basophils %	1.3±0.11	5.8±8.3	1.6±1	<0.001	<0.001
Eosinophils %	4.1±0.3	1.9±1.1	3.2±1.6	NS	NS
Platelets (10 <sup>3</sup> /μL)	249±97	288.2±184.5	232.1±96	NS	NS
Spleen size (cm)	Not palpable	17.2±6.2	0.73±2.3	<0.001	<0.001
IL-7 (pg/mL)	10.9±3.8	12.6±4.06	4.7±3.2	<b>0.053</b>	<b>&lt;0.001</b>
IL-6 (pg/mL)	1.9±1.8	38.2±63.3	13.9±23.6	<b>&lt;0.001</b>	<b>&lt;0.001</b>
TGF-α (pg/mL)	13.8±4.3	72.4±58.1	29.6±13.9	<b>&lt;0.001</b>	<b>&lt;0.001</b>
BCR-ABL1%	NA	114.2±124.7	15.9±39.9	<0.001	<0.001

NS: not significant, NA: not applicable

independent groups, while Wilcoxon test was used to compare two groups of dependant data. For qualitative data, chi square test was used to compare two or more groups, while bivariate Pearson correlation test was used to examine association between variables. P value  $\leq 0.05$  was considered the cut-off value for significance.

## RESULTS

### CML patients expressed distinctive cytokine profiles

This prospective study included thirty newly diagnosed adult patients who were evaluable for molecular analysis at diagnosis and at 3 months of IM therapy. Sixty percent of evaluable patients were males and 40% were females. We further classified our CML patients into 3 categories, chronic phase CML (CP-CML), acute phase CML (AP-CML), and blast phase (BP-CML), representing the progressive phases of CML.

Analysis of the patients' results revealed that IL-7, IL-6 and TGF-α are significantly increased in CML patients compared to controls (Table 1). These high levels dropped significantly after 3 months of IM therapy. Similarly, all other parameters, with exception of eosinophils and platelets, dropped significantly after 3 months of IM. These data confirmed the notion that cytokines, particularly IL-7, IL-6 and TGF-α have a role in disease progression and leukemic cells proliferation.

### IL-7, IL-6 and TGF-α levels correlate with CML disease activity

Table (2) demonstrates the levels of IL-7, IL-6, TGF-α and BCR-ABL1% in different CML categories. The 3 cytokines, IL-7, IL-6 and TGF-α expressed higher levels in CP-CML compared to controls, the levels are more increased in AP-CML and further in BP-CML, with exception of IL-7 which is not further increased in BP-CML (Table 2). This data highly suggests that the plasma levels of these cytokines correlate with CML disease activity. Confirming this notion, the correlation studies revealed a strong correlation between IL-6 and BCR-ABL1, blast number and the Sokal and Hasford prognostic scores. A poor correlation was found between IL-6 and EUTOS score and basophil count (Table 3). A similar trend was found for TGF-α (Table 3). However, IL-7 exhibited a poor correlation with all markers, as well as poor correlation with IL-6 and TGF-α themselves (Table 3).

### Altered cytokines profiles between improved and non-improved CML cases

Categorization of the cases according to their response to 3 months of IM therapy revealed that ~90% (n=27) of cases achieved complete hematological response (CHR), compared to 10% (n=3) who failed to reach the same response. We identified the first group as improved, and the second group as non-improved. Comparing the prognostic scores between 2 groups revealed that the scores

**Table 2.** IL-7, IL-6, TGF- $\alpha$  and BCR-ABL concentrations among CML stages

Parameter	Controls (n= 30)	Chronic (n= 27)	Accelerated (n= 2)	Blast Crisis (n= 1)	Total (n= 30)
IL-7 (pg/mL)	10.9 $\pm$ 3.8	12.33 $\pm$ 4.16	15.8 $\pm$ 1.98	13.6	12.6 $\pm$ 4.06
IL-6 (pg/mL)	1.9 $\pm$ 1.8	22.8 $\pm$ 29	100.32 $\pm$ 22.6	314.8	38.2 $\pm$ 63.3
TGF- $\alpha$ (pg/mL)	13.8 $\pm$ 4.3	56.7 $\pm$ 30.2	208.7 $\pm$ 10.3	245.7	72.4 $\pm$ 58.1
BCR-ABL1%	NA	80.2 $\pm$ 57.7	441 $\pm$ 224.9	378	114.2 $\pm$ 124.7

**Table 3.** Correlations of IL-7, IL-6 (before IM therapy)

Variables (Before treatment)	IL-7 (Before treatment) r	IL-6 (Before treatment) r	TGF- $\alpha$ (Before treatment) r
BCR-ABL	0.21	0.62	0.86
Blasts	0.11	0.88	0.75
Basophils	0.17	0.26	0.44
Sokal score	0.05	0.86	0.61
Hasford score	0.05	0.74	0.7
EUTOS score	0.21	0.33	0.48
IL-6	0.16	NA	0.78
TGF- $\alpha$	0.18	0.78	NA

are significantly higher in non-improved compared to improved ones (Table 4). Next, we analyzed cytokine profiles in both groups before and after IM therapy.

Based on ROC curves, the optimal cut-off value for IL-7 is 16.37 pg/mL, TGF- $\alpha$  is 49.33 pg/mL and IL-6 is 8.3 pg/mL (Figure 1). IL-7, IL-6, TGF- $\alpha$  and BCR-ABL1 expressed significantly

higher levels in non-improved compared to improved cases.

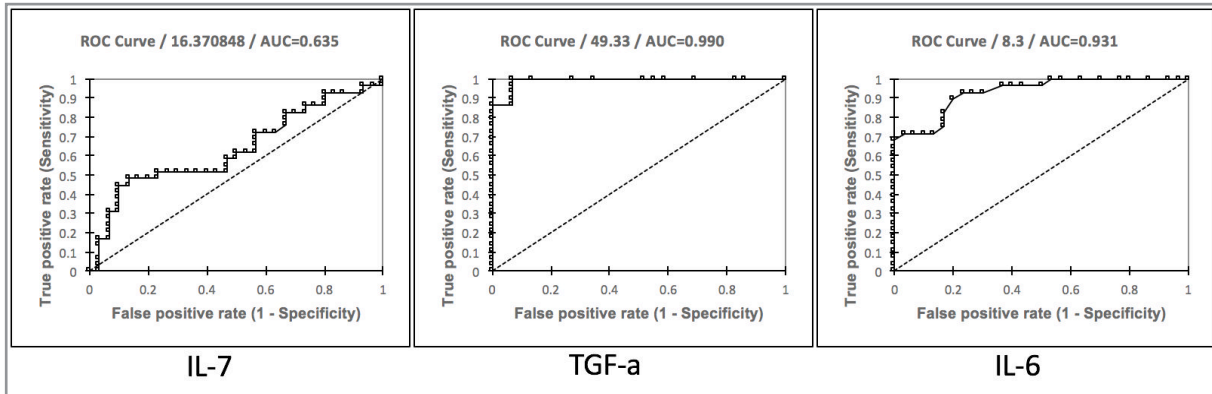
Importantly, after IM treatment the levels of cytokines dropped significantly in improved group, being almost normalized to cut-off in IL-6 and even lowered below cut-off in IL-7 and TGF- $\alpha$ . The BCR-ABL1 also decreased significantly after therapy. However, in non-improved group the decrease in BCR-ABL1 and IL-6 was not significant, while a significant decrease was observed in IL-7 and TGF- $\alpha$  (Tables 4, 5).

#### Levels of IL-6 and TGF- $\alpha$ but not IL-7 before IM therapy correlates with BCR-ABL after therapy

As the response to IM therapy is often monitored by the level of BCR-ABL1 transcript, we studied the correlation between the pretreatment plasma levels of IL-6, TGF- $\alpha$  and IL-7 with that of BCR-ABL1 transcript level after IM therapy. As shown in Figure (2) pretreatment levels of both IL-6 and TGF- $\alpha$  exhibited a very strong positive correlation with post-treatment BCR-ABL1 transcript lev-

**Table 4.** Comparing IL-7, IL-6, TGF- $\alpha$ , BCR-ABL1 and prognostic scores in improved and non-improved CML cases before and after IM treatment

Parameters	Non-improved (n= 3)	Improved (n= 27)	p
<b>Before treatment</b>			
BCR-ABL	420 $\pm$ 163	80.2 $\pm$ 57.7	<0.001
IL-6	171.8 $\pm$ 124.9	22.8 $\pm$ 29.1	<0.001
TGF- $\alpha$	221 $\pm$ 22.6	55.8 $\pm$ 29.9	<0.001
IL-7	15.09 $\pm$ 1.9	12.33 $\pm$ 4.16	0.049
Sokal score	<b>18.3<math>\pm</math>26</b>	<b>1.4<math>\pm</math>0.5</b>	<b>0.001</b>
Hasford score	<b>2686<math>\pm</math>1329.3</b>	<b>1342.8<math>\pm</math>451.4</b>	<b>0.01</b>
EUTOS score	<b>177.7<math>\pm</math>56.1</b>	<b>99.5<math>\pm</math>64.6</b>	<b>0.01</b>
<b>After treatment</b>			
BCR-ABL	117.7 $\pm$ 72.5	4.7 $\pm$ 6.7	<0.001
IL-6	55.3 $\pm$ 17.8	9.1 $\pm$ 3.5	<0.001
TGF- $\alpha$	50.5 $\pm$ 11.9	27.2 $\pm$ 2.3	<0.001
IL-7	4.53 $\pm$ 3.27	4.73 $\pm$ 3.27	<b>0.93</b>



**Figure 1.** ROC curves for IL-7, TGF- $\alpha$ , and IL-6. Based on ROC curves, the optimal cut-off value for IL-7 is 16.37 pg/mL, TGF- $\alpha$  is 49.33 pg/mL and IL-6 is 8.3 pg/mL.

els. On the other hand, pretreatment level of IL-7 showed a poor correlation. These data mean that the high pretreatment levels of IL-6 and TGF- $\alpha$ , but not IL-7, could figure out the fate of response to IM therapy.

## DISCUSSION

During the past decade, the therapy of CML has experienced unprecedented improvements of response and survival. TKIs allow a much faster reduction of BCR-ABL1 transcripts level than previously available drug therapy which is associated with a lower rate of progression and improvement of survival.<sup>16</sup> However, still some patients continue to respond sub-optimally or become resistant and require alternative treatment with second generation TKIs or stem cell transplantation.<sup>17</sup> So in an attempt to improve CML outcome, it was thought that early prediction of suboptimal response or failure would benefit this group of patients.<sup>18</sup>

Numerous studies proved that the lack of complete hematological response at 3 months was associated with a low rate of subsequent CMR.<sup>19</sup> Ac-

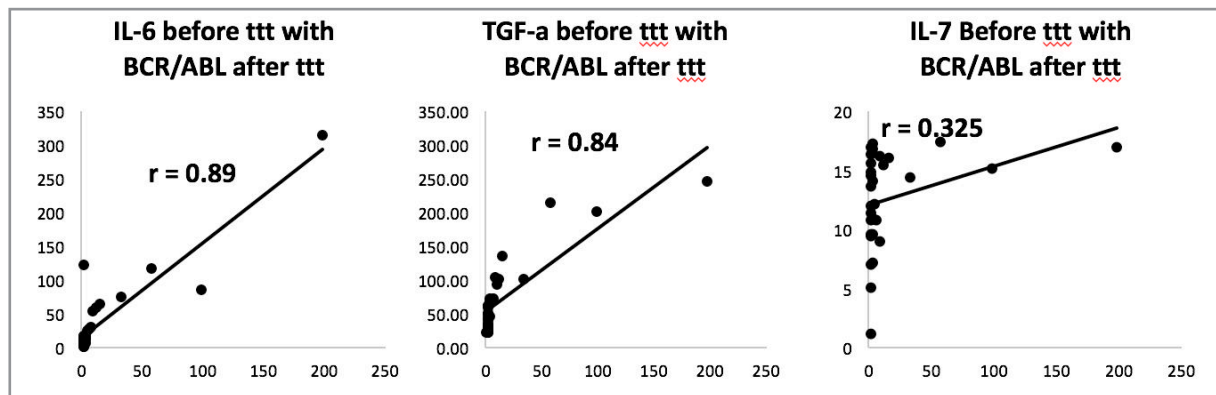
cording to other studies, failure of early molecular response (i.e. BCR-ABL1IS  $\leq 10\%$  at 3 months) indicates failure of achieving CCyR at 12 months and MMR at 18 months of therapy.<sup>20</sup> Moreover, cytokine profiling of newly diagnosed CP-CML patients who subsequently received imatinib treatment revealed elevated levels of a wide range of pro-inflammatory and angiogenesis-promoting cytokines, chemokines and growth factors compared with healthy donors. Most of these normalized after tyrosine kinase inhibitor treatment while others remained high in remission samples. They identified TGF- $\alpha$  and IL-6 as novel biomarkers with high diagnostic plasma levels strongly predictive of subsequent failure to achieve EMR and deep molecular response, as well as transformation to blast crisis and event-free survival.<sup>21</sup>

All the previous suggests that combining these simple measurements to the diagnostic workup of CP-CML patients may enable therapy to be individualized early according to the cytokine-risk profile of the patient.

Our current study aimed at measuring levels of IL-

**Table 5.** Comparisons between IL-7, IL-6, TGF- $\alpha$  and BCR-ABL1 before and after treatment among improved and non-improved cases

	Total (n= 30)			Improved (n= 27)			Non-improved (n= 3)		
	Before	After	p	Before	After	p	Before	After	p
IL-7 (pg/mL)	12.6 $\pm$ 4.06	4.7 $\pm$ 3.2	<b>&lt;0.001</b>	12.33 $\pm$ 4.16	4.73 $\pm$ 3.27	<b>&lt;0.001</b>	15.09 $\pm$ 1.9	4.53 $\pm$ 3.27	<b>&lt;0.001</b>
IL-6 (pg/mL)	38.2 $\pm$ 63.3	13.9 $\pm$ 23.6	<b>0.02</b>	22.8 $\pm$ 29.1	9.1 $\pm$ 3.5	<b>&lt;0.001</b>	171.8 $\pm$ 124.9	55.3 $\pm$ 17.8	0.3
TGF- $\alpha$ (pg/mL)	72.4 $\pm$ 58.1	29.6 $\pm$ 13.9	<b>&lt;0.001</b>	55.8 $\pm$ 29.9	27.2 $\pm$ 2.3	<b>&lt;0.001</b>	221 $\pm$ 22.6	50.5 $\pm$ 11.9	<b>0.001</b>
BCR-ABL1%	114.2 $\pm$ 124.7	15.9 $\pm$ 39.9	<b>&lt;0.001</b>	80.2 $\pm$ 57.7	4.7 $\pm$ 6.7	<b>&lt;0.001</b>	420 $\pm$ 163	117.7 $\pm$ 72.5	0.095



**Figure 2.** Correlations of IL-7, IL-6, TGF- $\alpha$  plasma levels before treatment and BCR-ABL1 after treatment. IL-6 and TGF- $\alpha$  levels showed strong correlation with BCR-ABL1 transcript levels after treatment. On the other hand, IL-7 expressed a poor correlation with BCR-ABL1 transcript levels after treatment.

7, IL-6 and TGF- $\alpha$  at the time of CML diagnosis before beginning imatinib therapy, and evaluating their possible usage as biomarkers for predicting subsequent EMR failure to this therapy for proper strategic therapy fitting.

In the present study, complete hematological response (CHR) and early molecular response (EMR) at 3 months of IM therapy was achieved by 27/30 patients (90%), which is similar to the study performed by Umemoto et al., who recorded EMR and CHR in 716 out of 822 newly diagnosed CML patients (87.8%).<sup>22</sup>

Profiling of cytokines (Table 1), revealed that concentrations of IL-7, IL-6 and TGF- $\alpha$  were significantly elevated in CML patients compared to controls, and these high concentrations markedly dropped after IM therapy. Considering CML stages, the cytokines' profiles revealed that levels of IL-6 and TGF- $\alpha$  increase as the disease progresses (Table 2) and this is in compliance with the data from Nievergall and his colleagues<sup>9</sup>, however, in IL-7 and BCR-ABL1, their levels increased in acute phase compared to chronic phase, but not further increased in blast phase. Collectively, these data signify that these cytokines could have a role in CML progression.

To further delineate the relation between these cytokines and disease progression, we studied the correlation of their levels with different prognostic scores (Table 3). While IL-6 and TGF- $\alpha$  both strongly correlate with Sokal and Hasford scores,

and also with BCR-ABL1 and blast count, they demonstrated a poor correlation with EUTOS score. Surprisingly, levels of IL-7 expressed a poor correlation with all markers studied (Table 3). These data revealed that IL-6 and TGF- $\alpha$  might have a role in disease progression, however, for IL-7, it seems that it may not have an active role in CML progression but rather its initial high levels may facilitate the disease process.

It was shown previously that an association exists between IM resistance and high pretreatment levels of IL-6 and TGF- $\alpha$  (23). To analyze this notion, we divided the study subjects into improved group (n= 27) and non-improved group (n= 3) at 3 months after IM therapy, based on the levels of BCR-ABL1 transcript as the standard method for follow up and assessing response to treatment.

Comparison between BCR-ABL1 before treatment in 2 groups (improved and non-improved) showed that there was a highly statistically significant difference with p-value < 0.001 (Table 4). This may indicate that there is an association between BCR-ABL1 transcript level at the diagnosis and response to IM therapy. Likewise, similar findings were found for IL-7, IL-6 and TGF- $\alpha$  levels which varied greatly between improved and non-improved groups (Table 4).

We tried to figure out if the pre-treatment levels of IL-7, IL-6 and TGF- $\alpha$  could be a predictors of response to IM therapy. To study the relation between cytokines levels before treatment and response to

therapy, Pearson correlation revealed a strong positive correlation between pretreatment TGF- $\alpha$  levels and BCR-ABL1 after treatment, and a similar finding was found for IL-6 (Figure 2), in agreement with data from Tefferi et al. and Reynaud et al.<sup>4,23</sup> Surprisingly, a poor correlation was found between pretreatment IL-7 levels and BCR-ABL1 transcript %. This proves the presence of a significant association between initial high IL-6 and TGF- $\alpha$  levels and bad progression of the disease. On the other hand, although, no such correlation could be established for IL-7, however its high levels in CML patients and the dramatic reduction in its levels after IM therapy, highly suggests that it possesses some important role in disease assistance.

In summary we found positive association and correlation between high pretreatment levels of IL-6 and TGF- $\alpha$  and IM resistance. Also we found positive correlation between IL-6 and TGF- $\alpha$  and BCR-ABL1 before and after treatment. Importantly, we observed a possible role for IL-7 in disease facilitation. Recently many studies were performed on basis of adding drugs beside IM which antagonize the action of IL-6 and TGF- $\alpha$  in resistant patient to IM. These drugs have potent anti-proliferative effect, potentiate TKI effect, reducing adhesion of neoplastic cells to BM stroma and increasing apoptotic ability, on the long run there was a noticed decrease in prevalence of IM resistance and achieving optimal molecular response in previously resistant patients.<sup>24,25</sup>

Our current study could suggest that addition of drugs that antagonize IL-7 may aid in modifying disease progression and help in cases resistant to IM therapy. This could be confirmed by data from Zhang and his colleagues, who reported that high IL-7 in bone marrow mediates imatinib resistance, and targeting IL-7 pathway is a promising approach in CML therapy.<sup>26</sup> More patients need to be evaluated by multi center studies to see if evidence reported in this work is reproducible in large sample studies.

## CONCLUSION

The study revealed that levels of IL-6, IL-7 and TGF- $\alpha$  levels were elevated in CML patients compared to controls, and dropped significantly after

IM therapy; implicating their possible role as mediators of CML. The initial high levels of IL-6 and TGF- $\alpha$  was associated with the failure of achieving EMR. Thus the high levels of IL-6 and TGF- $\alpha$  at diagnosis can be used as a predictive of IM response. The high levels of IL-7 in CML patients appears to facilitate the disease process.

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