Association Between PON1 L55M Polymorphism and PON1 Enzyme Activity in Patients with Leukemia

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ABSTRACT
Paraoxonase 1 (PON1) is an important antioxidant enzyme which has a role in preventing the effects of systemic oxidative stress. The purpose of our study was to investigate the possible association between PON1 L55M polymorphism and leukemia development and to determine the relationship between PON1 genotypes and PON1 enzyme activities. Genotypes of 102 cases and 112 healthy controls were determined by PCR-RFLP. PON1 enzyme activity was determined according to Eckerson’s method. The ratio of MM genotype belonging to PON1 L55M polymorphism in control group was 6.3% and was 7.8% in patients with leukemia (p= 0.39). PON1 enzyme activity was 118.8 ± 115.1 U/mL in control group, while decreased to 75.6 ± 64.4 U/mL in patients with leukemia (p= 0.004). PON1 enzyme activities of the individuals with MM genotypes belonging to PON1 L55M polymorphism was 57.43 ± 21.61 U/mL in control group and decreased to 39.18 ± 45.61 U/mL in leukemic patients. Our results suggest that, PON1 L55M polymorphism genotype ratios do not affect leukemia development. However, reduced PON1 enzyme activity and also the combination of PON1 L55M polymorphism with reduced PON1 enzyme activity are associated with the increased risk of leukemia. Furthermore, older age may be a risk factor for developing leukemia.

Keywords: Antioxidant, Leukemia, Oxidative stress, Paraoxonase (PON), Polymorphism

ÖZET
Lösemi Hastalarında PON1 L55M Polimorfizmi ile PON1 Enzim Aktivitesi Arasındaki İlişki
Paraoxonaz 1 (PON1), sistemik oksidatif stresin etkilerini önleyen rol oynayan önemli bir antioksidan enzimidir. Çalışmamızın amacı, PON1 L55M polymorfizmi ve lösemi gelişimi arasındaki olası ilişkiyi araştırmak ve PON1 genotipleri ile PON1 enzim aktiviteleri arasındaki ilişkiyi saptamaktır. Lösemi tanısı almış 102 hasta birey ve 112 sağlıklı kontrol grubunun genotipleri PCR-RFLP yöntemi ile belirlendi. PON1 enzim aktivitesi Eckerson yöntemi ile ölçüldü. PON1 L55M polymorfizmine ait MM genotip oranları kontrol grubunda %6.3 iken lösemili hastalarda % 7.8 idi (p= 0.39). PON1 enzim aktivitesi kontrol grubunda 118.8 ± 115.1 U/mL iken lösemili hastalarda düşük olarak saptandı (75.6 ± 64.4 U/mL, p= 0.004). PON1 L55M polymorfizmine ait MM genotipi bireylerin PON1 enzim aktivitesi kontrol grubunda 57.43 ± 21.61 U/mL iken lösemili hastalarda düşük olarak saptandı (39.18 ± 45.61 U/mL). Bu bulgularımız PON1 L55M polymorfizmi genotipleri olan lösemi gelişimi etkilemediğini göstermektedir. Bununla birlikte, düşük PON1 enzim aktivitesi tek başına ve PON1 L55M polymorfizmi ile birlikte lösemi riski artışı ile ilişkilidir. Ayrıca iki yaş lüsemeye yakalanma olasılığının yıktırdığına dair hipotezi bulduğumuz.
INTRODUCTION
Leukemia is a multifactorial disease, infectious, genetic, physical and chemical factors are all involved in the pathogenesis of leukemia. Among environmental chemicals, pesticides are categorized according to their biological mechanisms (e.g. insecticides, fungicides, herbicides, rodenticides, fumigants). Insecticides containing organophosphates cause prolonged inhibition of acetylcholinesterase, resulting in chronic harmful effects on human health (e.g. neuropsychological disorders, disruption of the endocrine system, developmental anomalies, hypersensitivity, disorders of the immune system and cancer development).

Paraoxonase (aryldialkylphosphatase, EC 3.1.8.1) is a calcium-dependent enzyme and possesses the activities of organophosphatase, arylesterase and lactonase. It hydrolyzes organophosphorus insecticides (e.g. paraoxon, chlorpyrifos-oxon, diazoxon), nerve agents (e.g. sarin, soman), and thus protects against the organophosphorus compound poisoning.

Oxidative stress is defined as a redox imbalance between pro-oxidant and antioxidant systems with either an overproduction of oxidants or a deficiency of antioxidant agents. Under oxidative stress, excessive reactive oxygen species (ROS) can cause damage to many cellular and extracellular constituents, including DNA, proteins and lipids. The physiological role of the PON is not exactly known; however, increasing evidence indicates that PON can offer protection against oxidative damage by hydrolyzing lipid hydroperoxides and by protecting the low-density lipoproteins from oxidative modifications. PON also has peroxidase-like activity; can hydrolyse hydrogen peroxide, which is one of the major ROS produced by the arterial wall during atherogenesis.

The gene coding human PON1 enzyme is located on the long arm of chromosome 7 between q21.3 and q22.1. The PON1 gene has two common polymorphisms in the coding region: a leucine (L) to methionine (M) substitution at position 55 (L55M) and a glutamine (Q) to arginine (R) substitution at position 192 (Q192R). L55M [rs854560] and Q192R [rs662] polymorphisms affect serum concentrations and activities of PON1. It was suggested that PON1-55M allele could have correlated with higher PON1 activity than PON1-55L allele. In another study, it was observed that the differences in the serum levels of PON1 linked to the L54M polymorphism were due to the reduced stability of the PON1-55M protein. Reduced PON1 activities were shown in high oxidative stress diseases such as coronary heart disease, diabetes mellitus, and celiac disease. In recent years, the number of studies investigating the relation between PON1 activity and cancer are increasing. Compared to the healthy controls, lower serum levels of PON1 were measured in patients suffering from breast, lung, laryngeal, gastric, pancreatic and colorectal cancer.

PATIENTS AND METHODS
The case group consisted of 102 patients (32 ALL, 32 AML, 17 CLL, and 21 CML) (mean age: 51.3 ± 15.2; 50 female and 52 male) who had been newly diagnosed with leukemia at the Department of Hematology, Mersin University Faculty of Medicine, Turkey. The control group consisted of 112 persons (mean age: 49.3 ± 12.8; 52 females and 60 males) who were randomly selected from healthy individuals residing in Mersin City. Control subjects also did not have a positive family history of leukemia. Interview response-rates among eligible case and control participants were 96.1% and 98.2%, respectively. The study protocol was approved by the Local Ethics Committee of Mersin University Faculty of Medicine. All participants were informed for the aim and design of the study.
Genotype Analysis
Venous blood (8 mL) from each subject was collected into the tubes containing 50 mmol/L disodium-EDTA, and genomic DNA was extracted using the standard phenol/chloroform-based method. PON1 L55M polymorphism was analysed by PCR-RFLP. In order to avoid potential contamination, the PCR assays were performed with at least one known DNA genotype (positive control) and one negative control (without DNA template). PCR amplification was amplified using forward 5′GAAGAGTGATGTATAGCCCCAG3′ and reverse 5′T TTAAATCCAGAGCTAA TGAAAGGCC3′ primers. The PCR mixture contained 50 ng of genomic DNA, 50 pmol of each primer, 200 μM of dNTPs, 1 × PCR buffer with (NH4)2SO4, 2 mM MgCl₂, and 2.0 units of Taq DNA polymerase (MBI Fermentas, Vilnius, Lithuania) with a final volume of 50 μL. Amplification was carried out in a TC-512 Thermal Cycler (Techne), and the cycling conditions were; 95°C for 9 min, 35 cycles of 95°C for 1 min, 60°C for 1 min, 72°C for 1 min, and a final extension at 72°C for 10 min. PCR-amplified DNA fragments were digested with 10U Hsp92II (Promega, Southampton, UK) at 37°C for 16 h and analyzed following the electrophoresis in 3% agarose gel stained with ethidiumbromide (0.5 μg/mL). The L allele (wild-type) produced an undigested product of 170 bp, whereas M allele produced two products: 126 bp and 44 bp. Genotyping was performed blindly with respect to case/control status and repeated twice for all subjects, but no discordant genotype classifications were identified.

Plasma Samples
Venous blood samples of the cases were collected in (1000 IU) heparin containing tubes and centrifuged at 1000 x g for 10 minutes at 4°C, the supernatant plasma is aspirated, transferred to a polypropylene tube and fresh plasma samples were stored at -80°C until analysis.

Analysis of PON1 Activity
PON1 enzyme activity was measured by using paraoxon as substrate. The basal assay mixture included 100 mM Tris-HCl, 2 mM CaCl₂, and 4 Mm paraoxon. The rate of paraoxon hydrolysis (diethyl-p-nitrophenylphosphate) was evaluated by monitoring an increase in absorbance at 412 nm at 37°C. The amount of generated p-nitrophenol was calculated from the molar absorptivity coefficient of 18290 M-1cm-1. PON1 enzyme activity is expressed as U/mL of plasma.

Statistical Analysis
Selected characteristics were compared between cases and controls by using the student’s t-test for continuous variables and the chi-square test for categorical variables. Allele and genotype frequencies among cases and controls were calculated and deviation from Hardy-Weinberg equilibrium was examined by the chi-square test. We calculated odds ratios and 95% confidence intervals by using unconditional binary logistic regression. Mann Whitney-U test was used to assess the differences of PON1 levels according to the genotypes between the patient and control group. Results are reported as the mean±SD. The analyses of data were performed by use of the computer software SPSS for Windows, version 11.5. P value less than 0.05 was accepted as statistically significant. Leukemia patients are analyzed with respect to age groups and their ratios in Mersin sample using Kruskal Wallis test. The total Mersin population is 1.727.255.

RESULTS
Demographic characteristics and frequencies of alleles/genotypes of PON1 L55M polymorphism of the patients with leukemia and healthy control subjects were represented in Table 1. The mean age of the patient group was slightly higher compared with the control group; 51.3 years versus 49.3 years, respectively. Distribution of gender was similar in both groups (p= 0.81). The frequency of M allele was slightly higher in patients (34.8%) than in controls (28.6%), but this difference was not statistically significant (p= 0.17). The frequencies of the LL, LM and MM genotypes in patients were 38.2%, 53.9% and 7.8%, respectively and 49.1%, 44.6% and 6.3% in controls, respectively. Since the LL genotype is hypothesized to have the lowest leukemia risk, it was chosen as the reference category. Compared with the LL genotype,
OR values for LM and MM genotypes were 1.55 (95% CI, 0.88-2.71) and 1.61 (95% CI, 0.54-4.81), respectively. When we compared the sum of LM and MM genotypes with LL genotype, no association was found between the genotype and leukemia (p = 0.12). PON1 genotype frequencies were in Hardy-Weinberg equilibrium in the control group (p = 0.321), but not in the patient group (p = 0.003).

It is known that ALL is a type of leukemia observed in young people. In our sample group there are 32 ALL patients and the average age of this sample group is 22.3 ± 22.9. The average age of the sample group that contains AML, KML and KLL patients is 50.4 ± 16. ALL patients are younger than other leukemia groups (p < 0.001). It is observed in Figure 1 (blue line) that there is no relation between age and having leukemia risk in all types of leukemia except ALL (Table 2, column 1) (p > 0.05). Because the number of patients in age groups are not equal, the number of patients decreases in older age groups (Table 2, column 1). In Table 2 (column 3), it is clearly shown that ratio of leukemia patients increases with age (Figure 1, red line) (p < 0.001).

The mean PON1 activities were 75.6 ± 64.4 U/mL and 118.8 ± 115.1 U/mL in the patient and control group, respectively which was statistically significant (p = 0.004). We also investigated the relation between PON1 genotypes and PON1 enzyme activities. Accordingly PON1 L55M genotypes, PON1 activity was higher in LL, intermediate in LM, and lower in MM genotypes in both control and patient groups. PON1 activities for all genotypes decreased in the patient group compared with the control group, but patients with MM genotype showed significantly lower PON1 activity than the controls with MM genotype (p = 0.028). Likewise, when LM and MM genotypes considered together, PON1 activities were lower in patients with leukemia (70.38 ± 59.37 U/mL) compared to the control group (110.74 ± 118.00 U/mL) (p = 0.028) (Table 3).

<table>
<thead>
<tr>
<th>Table 1. Distribution of study participants according to patient–control status, demographic characteristics and PON1 L55M genotypes.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients n (%)</td>
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<tr>
<td>----------------</td>
</tr>
<tr>
<td>Age Mean ± SD</td>
</tr>
<tr>
<td>Gender Male</td>
</tr>
<tr>
<td>Gender Female</td>
</tr>
<tr>
<td>Genotype frequencies LL</td>
</tr>
<tr>
<td>Genotype frequencies LM</td>
</tr>
<tr>
<td>Genotype frequencies MM</td>
</tr>
<tr>
<td>Genotype frequencies LM+MM</td>
</tr>
<tr>
<td>Allele frequencies L</td>
</tr>
<tr>
<td>Allele frequencies M</td>
</tr>
</tbody>
</table>

* From Student t test  
** From Chi-square test  
† From unconditional binary logistic regression analysis
DISCUSSION

The main goals of this study were to describe the genotype and the allele frequencies of PON1 L55M polymorphism and to assess the effect of genotype on PON1 enzyme activity in Turkish leukemia patients. In order to analyze the relation between leukemia and age, age distribution of the sampling population and the ratio of leukemia patients in this sampling population should be considered. Within this context, it is observed that the ratio of leukemia increases with advancing age in case group excluding ALL. Similar to other types of cancer, leukemia is also an older-age disease.

PON1 has anti-inflammatory and antioxidant properties. Many studies have been conducted to find relations between the PON1 L55M polymorphism and various diseases including diabetes mellitus, ovarian cancer, migraine, breast cancer, prostate cancer, childhood acute leukemia, and non-insulin dependent diabetes mellitus. One study was performed on 100 patients with type 2 diabetes mellitus and was found no relation between PON1 LM 55 polymorphism and type 2 diabetes mellitus. Furthermore, Agachan et al. found that PON 55 genotype distribution was similar in patients with non-insulin dependent diabetes mellitus and controls. In another study, although it was not statistically significant (p> 0.05), it was found that the MM genotype frequency was higher in ovarian cancer patients than the controls. In addition, Yıldırım et. al not observed a significantly different proportion of MM genotype distribution between patients with migraine and controls. Several studies conducted at different localities in Turkey showed that no significant differences in genotype distributions among the cases and controls, and these results were similar to those of our study. In order to evaluate the possible influence of the PON1 L55M polymorphism on leukemia risk, we performed a case-control study in Mersin, Turkey. To the best of our knowledge, only one paper was published investigating the PON1 polymorphism in leukaemia. Accordingly PON1 L55M polymorphism was associated with an increased risk of developing childhood leukemia (LM + MM, OR 1.93, 95%CI 1.32-2.81). Moreover, some researchers observed an increased risk associated with the MM genotype for breast, and prostate cancer. Similarly, within the meta-analysis of 21 case-control studies involving 5.627 cases and 6.390 controls, it was observed that PON1 L55M polymorphism was associated with an increased risk for breast, prostate, and ovarian cancer. A meta-analysis conducted in 2017, which included twenty-one independent case-control studies,

### Table 2. Age distribution of leukemia patients except ALL in Mersin sample

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Leukemia Patients except ALL</th>
<th>Age distribution of Mersin sample</th>
<th>Age distribution of Leukemia patients except ALL in Mersin sample</th>
</tr>
</thead>
<tbody>
<tr>
<td>≤ 39</td>
<td>15 (21.42)</td>
<td>1,088,496 (63.01)</td>
<td>3.23</td>
</tr>
<tr>
<td>0-49</td>
<td>10 (14.28)</td>
<td>241,593 (13.98)</td>
<td>9.72</td>
</tr>
<tr>
<td>50-59</td>
<td>17 (24.28)</td>
<td>194,226 (11.24)</td>
<td>20.50</td>
</tr>
<tr>
<td>60-69</td>
<td>14 (20.0)</td>
<td>118,673 (6.87)</td>
<td>27.62</td>
</tr>
<tr>
<td>≥ 70</td>
<td>14 (20.0)</td>
<td>84,267 (4.87)</td>
<td>38.90</td>
</tr>
</tbody>
</table>

![Figure 1](image-url). Blue line: distribution of ratio of leukemia patients except ALL with respect to age, red line: distribution of ratio of leukemia patients except ALL with respect to age in Mersin sample.
concluded that there was a statistical significance between PON1 L55M polymorphism and cancer risk (OR= 1.21, 95% CI: 1.04-1.40). On the other hand, several studies did not demonstrate a significant association between the polymorphism and diverse diseases; this observation is consistent with our results.

Cancer cells produce high amounts of ROS due to the increased metabolic activity, leading to a state known as oxidative stress. The importance of the association between oxidative stress and leukemia is not currently clear; however, there is evidence that ROS can diffuse into the red blood cells and stimulate the process of lipid peroxidation. It is widely accepted that lipid peroxidation is considered to be involved in the pathogenesis of leukemia. By-products of lipid peroxidation can change the properties of the red blood cell membrane including permeability, fluidity, and membrane enzyme activities and ultimately cell dysfunction or cell death can develop.

In this study, we investigated the role of oxidative stress in the pathogenesis of leukemia by measuring plasma PON1 enzyme activity. When compared with the control group, we found significantly lower PON1 activities in leukemic patients. These lower PON1 activities may show the presence of increased oxidative stress and decreased antioxidant status in circulation; the higher PON1 enzyme activity reduces the risk of developing leukemia. None of the previous studies investigated the plasma PON1 activity in leukemic patients while some studies measured the activity in diverse diseases. The pooled analysis showed that coronary heart disease cases had a 19% lower PON1 activity than did the controls (RoM= 0.81; 95% CI: 0.74-0.89, P<10(-5)). Similarly, another study show that PON1 was significantly lower in both the familial hypercholesterolaemia and insulin dependent diabetes mellitus cases than in controls (p< 0.001 and p< 0.01, respectively). Bansal et al reported that low PON1 activity may be considered as additional risk factor for development of vascular complications in type 2 diabetes mellitus. Previous studies also suggested that low PON1 activity was associated with an increased risk for many cancer types, such as lung cancer, laryngeal squamous cell carcinoma, gastric and pancreatic cancers. Our results are supported by these previous studies.

Analysis of PON1 genotypes and measurements of PON1 activities can give a more complete view of PON1 status, because they reflect the combined genetic and environmental effects of PON1. Our data showed that levels of PON1 activity decreased in the patient group compared to the control group for all genotypes. More importantly, PON1 enzyme activity of the individuals with MM genotypes was lower in the patient group than the control group. One study reported that LL variant had significantly higher PON activity than MM variant in both control and diabetic patient groups (p< 0.05), another study showed that PON 55 MM homozygotes had significantly lower PON activity than did LL and LM genotypes in control and patients with type 2 diabetes mellitus (p< 0.05). Similarly, we observed MM variant had significantly lower PON activity than LL and LM variants for two groups. Our results suggest that paraoxonase activity is af-

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**Table 3. Findings of PON1 genotypes and PON1 activity (U/mL) in patient and control groups.**

<table>
<thead>
<tr>
<th>Genotype</th>
<th>Patients</th>
<th>Controls</th>
<th>P-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n</td>
<td>Mean ± SD</td>
<td>n</td>
</tr>
<tr>
<td>LL</td>
<td>39</td>
<td>84.38±67.20</td>
<td>55</td>
</tr>
<tr>
<td>LM</td>
<td>55</td>
<td>74.91±60.10</td>
<td>50</td>
</tr>
<tr>
<td>MM</td>
<td>8</td>
<td>39.18±45.61</td>
<td>7</td>
</tr>
<tr>
<td>LM+MM</td>
<td>63</td>
<td>70.38±59.37</td>
<td>57</td>
</tr>
</tbody>
</table>

*From Mann Whitney-U test
fected by PON1 genetic variability in patients with leukemia.

Consequently, the PON1 polymorphism genotype rates do not affect the risk of developing leukemia. However, reduced PON1 enzyme activity and more importantly the combination of PON1 L55M polymorphism with reduced PON1 enzyme activity are associated with the increased risk of leukemia. We think that our result is important and unique. Although PON1 L55M polymorphism is not related with having leukemia risk, PON1 enzyme activity is lower in leukemia patients. This fact shows that PON1 gene expression is lower in leukemia patients. We think that low activity of PON 1 is a leukemia risk factor if it is decreased before catching leukemia. If it is decreasing after catching leukemia, this may be due to the changing hemostatic balance after leukemia. By considering the distribution of leukemia patients in age groups, it is clearly shown that older age is a risk factor of catching leukemia. Our study is the first study evaluating the PON1 L55M polymorphism and PON1 enzyme activity in leukemic patients.

Acknowledgements

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