

Donor Granulocyte Transfusions in Febrile Neutropenic Pediatric Oncology Patients

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ABSTRACT

To describe the clinical course of febrile neutropenic pediatric oncology patients undergoing granulocyte transfusions (GTF), we performed a retrospective chart review of all pediatric oncology patients with febrile neutropenia receiving granulocyte transfusions between September 2009 and September 2011 in a University Hospital setting. Thirty-seven patients received a total of 51 courses of GTFs. In 35 febrile episodes patients had leukemia and in 16 episodes patients had solid tumors. Three patients received allogeneic hematopoietic stem cell transplantation from their HLA identical sibling. Mean duration of fever and neutropenia was 18.5±17.5 days. Infections were classified as fever of unknown origin (21%, n= 11), microbiologically documented infection (44%, n= 23), clinically suspected infection (35%, n= 18). The mean granulocyte yield, WBC count and granulocyte count of the products were 3.1±1.2x10¹⁰/unit, 158.6±66.4x10³/mm³ and 134.5±62x 10³/mm³, respectively. The median donor WBC count at leukapheresis was 32.91x10⁹/L. GTFs were well tolerated except one patient who had fever during transfusion. Thirty-nine (76.5%) of the episodes resolved from infection and discharged from the hospital. Of the 12 patients (23.5%) who died, seven of them were refractory to treatment, three patients had relapsed disease and two patients had newly diagnosed disease. This case series documents the course of 37 septic neutropenic pediatric oncology patients who underwent a total of 51 GTF courses. GTFs were generally well tolerated and improve short-term outcome in neutropenic pediatric oncology patients.

Keywords: Donor granulocyte transfusion, Febrile neutropenia, Childhood

ÖZET

Febril Nötropenik Pediatrik Onkoloji Hastalarında Donör Granülosit Transfüzyonları

Bu çalışmada febril nötropeni gelişen kanserli çocuk hastaların granülosit transfüzyonu sonrası klinik durumlarının izlenmesi amaçlandı. Eylül 2009 ile Eylül 2011 yılları arasında üniversite hastanesinde, nötropenik ateş nedeniyle granülosit transfüzyonu verilen hastaların retrospektif olarak dosyaları incelenmiştir. Otuz yedi hasta toplam ellibir granülosit transfüzyonu almıştır. Febril atakların 35'inde lösemi, 16 atakta ise solid tümör tanısı mevcut idi. Üç hastaya HLA uygun kardeşten allojeneik kök hücre nakli yapılmış idi. Ortalama ateş ve nötropeni süresi 18.5±17.5 gün saptandı. Hastaların %21'inde (n= 11) sebebi bilinmeyen ateş, %44'ünde (n= 23) mikrobiyolojik olarak kanıtlanmış enfeksiyon, %35'inde (n= 18) klinik enfeksiyon vardı. Granülosit ürün verimi 3.1±1.2x10¹⁰/ünite, ortalama ürün beyaz küre sayısı 158.6±66.4x10³/mm³ ve ortalama ürün granülosit sayısı 134.5±62x 10³/mm³ bulundu. Lökaferazde vericinin ortanca beyaz küre sayısı 32.91x10⁹/L olarak saptandı. Granülosit transfüzyonları bir hastada transfüzyon sırasında gelişen ateş dışında iyi tolere edilmişti. Otuz dokuz atakta (%76.5) hastalar iyileşerek taburcu edilmiş; 12 (%23.5) atak sonrasında hasta kaybedilmiştir. Kaybedilen hastaların yedisinde refrakter hastalık, iki tanesi yeni tanı ve üçünde de relaps hastalık saptanmıştı. Bu makalede 51 granülosit transfüzyonu alan septik nötropenik 37 pediatrik onkoloji hastasının kliniği incelenmiştir. Granülosit transfüzyonlarının iyi tolere edildiği ve kısa dönemde sağkalımı iyi yönde etkilediği görülmüştür.

Anahtar kelimeler: Donör granülosit transfüzyonu, Febril nötropeni, Çocukluk çağı

INTRODUCTION

An increasing number of clinical disorders are being treated with chemotherapy and hematopoietic stem cell transplantation. Neutropenia is the most frequent side effect of these aggressive treatments and in spite of modern antimicrobials and supportive therapy, infections are still cause of mortality and morbidity in these patients.¹ Although it is a logical approach to give granulocyte transfusions (GTFs) to neutropenic patients just as RBC transfusion to anemic patients or platelet transfusion to thrombocytopenic patients, it is still an underutilized mode of therapy. The use of GTF in neutropenic patients began in the early 1970s. Due to the adverse effects such as severe pulmonary reactions, conflicting results on the efficacy and questions about the appropriate dosing of GTFs has led abandoning its use as a therapeutic modality. The development of better apheresis techniques and the use of G-CSF (granulocyte colony stimulating factor) brought GTFs back to attention in the 2000s. Several trials have shown the effect of granulocyte transfusion in neutropenic pediatric patients with severe infections. Following GTF, fungal and bacterial infections were very well controlled and mortality had been shown to decrease.²⁻⁴

In this study, the effect of donor granulocyte transfusions on clinical course of pediatric oncology patients with febrile neutropenia was investigated.

PATIENTS AND METHODS

Patients

We performed a retrospective chart review of 37 pediatric cancer patients with febrile neutropenia who received GTFs between September 2009-September 2011. Patients who received GTFs had absolute neutrophil count less than 500 /mm³, neutropenia longer than 7 days or presented with clinical signs of uncontrolled infection eg. respiratory failure or hypotension or neutropenia from HSCT.

Donors

Granulocytes were collected from related or unrelated healthy volunteers. Volunteers were selected after screening their suitability for blood donation on the basis of ABO-Rhesus and cross match compatibility, negative serology for HAV, HBV, HCV, HIV and CMV, VDRL and normal values in blood tests. Informed consent was obtained from all donors. Donors

were stimulated with recombinant human G-CSF 5 micrograms/kg of bodyweight and/or 8 mg oral dexamethasone 12 hours before collection as granulocyte mobilization protocol.

Leukopheresis

A total of 51 granulocyte apheresis sessions were performed on 37 healthy volunteers at the Hemapheresis Unit of Balcali Hospital. All procedures were carried out using a COBE® Spectra (Terumo BCT, Inc. Lakewood, CO, USA) apheresis device. An average of 5249 ml of donor blood was processed with a mean duration of 101 minutes. To achieve both adequate anticoagulation and a better separation of granulocytes, 30 ml of 46.7% trisodium citrate solution was added to a 500 ml bag of 6% hydroxyethyl starch (Voluven, Fresenius Kabi, Bad Homburg, Germany). An average of 414 ml of this citrate-containing solution was used continuously at a 1:13 ratio with whole blood during the procedures. Vascular access was provided by peripheral veins in all cases. Intravenous calcium supplementation was required in six sessions. The mean granulocyte concentrate yield was $3.1 \pm 1.2 \times 10^{10}$ /unit (range, 0.7×10^{10} and 8.8×10^{10}), and the average product volume was 246.3 ml. Granulocyte concentrates were irradiated with a minimum dose of 25 Gy of gamma-radiation before transfusion, and the mean storage time of the products was 2.4 hours (range, 30 min-5.5 hours). All donors were monitored carefully throughout the procedures by an apheresis nurse. Vital signs were measured and recorded every 30 minutes. All procedural data and adverse events were also recorded on a dedicated sheet.

GTF

The granulocytes were transfused the same day usually 3-6h after apheresis. Preventive measures taken before GTFs consisted of a premedication with pheniramine maleate (1mg/kg intravenous) and methylprednisolone (1-2 mg/kg intravenous). Transfusion-related complications such as fever, chills, pulmonary adverse reactions (cough, dyspnea, hypoxia, changes on the chest radiograph), transfusion associated graft versus host disease and hemolytic reactions were recorded. Monitoring during GTF included continuous registration of oxygen saturation and measurement of blood pressure, respiratory rate and heart rate every 15 min. GTFs were transfused over 1-4h. To reduce possible side effects, amphotericin was not administered 4 hours before and after GTF.

Table 1. Characteristics of the patients/episodes

	Number (%)
Number of episodes	51
Age (months)	
Median	89
Range	5-231
Sex (male/female)	25/12 (68/32)
Underlying malignancy	
Solid tumor	16 (31)
Neuroblastoma	5
Ependymoma	3
Medulloblastoma	2
NHL	2
Wilms' tumor	1
Rhabdomyosarcoma	1
Osteosarcoma	1
Ewing sarcoma	1
Acute leukemia	35 (69)
ALL	20
AML	15
Status of cancer	
Remission	39 (76.5)
Nonremission	12 (23.5)
Remission induction	2
Relapse/refractory	10
Entry ANCseverity	
≤100/mm ³	22 (43)
>100/mm ³	29 (57)
Mean duration of FEN (days±SD)	18.5±17.5
Central venous catheter	16 (31)
Patients receiving G-CSF	31 (61)
Patients receiving IVIG	15 (30)
Procalcitonin (µg/L)	
≤ 0.5	23 (45)
>0.5	28 (55)
Mucositis	29
Steven-Johnson syndrome	3

ANC: absolute neutrophil count; G-CSF: Growth Colony Stimulating Factor; IVIG: intravenous immunoglobulin;
FEN: Febrile Neutropenia; AML: Acute myeloid leukemia; ALL: Acute lymphoblastic leukemia; NHL: Non-Hodgkin lymphoma

Statistical Analysis

Statistical data analysis was performed using SPSS package. The data were summarized in a descriptive analysis. Cumulative survival was evaluated by Kaplan-Meier method. To compare survival rates, log-rank test was performed. Mann-Whitney U tests, Nonparametric test (Spearman's rho test) were used for comparison of groups of continuous variables. P value <0.05 was considered statistically significant.

RESULTS

Clinical characteristics

From September 2009-September 2011, 51 GTF courses were administered to 37 pediatric febrile neutropenia patients (25 males, 12 females; median age 89 months) with severe infections or sepsis. The clinical characteristics of the children are summarized in Table 1. Most of the children had acute leukemia (20 ALL and 15 AML). Sixteen patients had solid tumors.

Table 2. Diagnosis of infection episode

	Number (%)
Fever of unknown origin (FUO)	11 (21)
Microbiologically documented infection (MDI)	23 (44)
Clinically diagnosed infection (CDI)	18 (35)
Pneumonia	22
Upper respiratory tract infection	8
Gastroenteritis	13
Catheter infection	2
Preseptal cellulitis	1
Genital abscess	1
Conjunctivitis	1
Sepsis	8
Septic shock	2
Rhinomaxillary mucormycosis	5

In 23.5 % of the episodes patients were not in remission. Three patients with leukemia received allogeneic stem cell transplantation from their HLA identical sibling. Twenty-two patients had ANC less than 100/mm³, and 29 had ANC higher than 100/mm³. In 16 of the episodes patients had central venous catheter. In 31 episodes children received G-CSF and in 15 episodes IVIG was administered in addition to antimicrobial and GTF treatment. Mucositis was present in 29 episodes and Steven-Johnson syndrome was diagnosed in 3 patients.

Infections

Microbiologically documented infections occurred in 22 episodes. Fungal infections were suspected in 9 episodes. Rhinomaxillary mucormycosis was diagnosed by biopsy during 5 episodes in 3 patients. The causative organism could not be isolated in 11 episodes. In two episodes, Gram positive cocci and in twenty-two episodes gram negative bacilli were isolated from the blood. Multiple microorganisms were identified in 5 episodes. Four patients had vancomycin resistant enterococci in their stool (Tables 2 and 3).

Table 3. Identification of microorganisms

Cultures	Pathogens	Number
Blood	Staphylococcus epidermidis	1
	Escherichia coli	5
	Klebsiella oxytoca	1
	Pseudomonas aeruginosa	3
	Klebsiella pneumonia	6
	Staphylococcus aureus	1
	Stenotrophomonas maltophilia	1
	Citrobacter sedlaki	1
	Klebsiella pneumonia (ESBL +)	1
	Stool	Enterococcus (vancomycin resistant)
Nasal biopsy	Mucormycosis	3
Total		27

ESBL: Extended spectrum beta lactamase

Table 4. Median WBC and ANC count of the recipient pre- and post-transfusion and the characteristics of the granulocyte product (mean±SD)

Recipient	
WBC count pre-GTF	0.4x10 ³ /mm ³ (n= 46,range 0.1-4.2x10 ³ /mm ³)
WBC count 2h post-GTF	2x10 ³ /mm ³ (n= 44,range 0.1-37x10 ³ /mm ³)
WBC count 24h post-GTF	1.8x10 ³ /mm ³ (n= 46,range 0.1-22.3x10 ³ /mm ³)
ANC pre-GTF	0.2x10 ³ /mm ³ (n= 51,range 0-0.45x10 ³ /mm ³)
ANC post-GTF	2.04x10 ³ /mm ³ (n= 33,range 0.1-16.7x10 ³ /mm ³)
Product	
WBC count	158.6±66.4x10 ³ /mm ³
Granulocyte count	134.5±62x 10 ³ /mm ³
Granulocyte yield*	3.1±1.2x10 ¹⁰ /unit
* Granulocyte yield: The total number of granulocytes in the apheresis bag.	

Leukapheresis and granulocyte transfusion

All donors were male. As a mobilization protocol 43 donors received G-CSF plus dexamethasone and 8 donors received only G-CSF. Adverse reactions, mainly mild hypotension, were observed in 10 sessions. None of the procedures was terminated due to severe adverse effects. In 47 (92.2%) of the courses, the donor blood group was ABO and Rh matched to the recipient. Donors were family members in 37 (72.5%) of the courses. In 3 cases donors were HLA match. A total number of 51 GTFs were administered to 37 children. In 43 episodes patients received GTF once, in 7 episodes twice and in one episode GTF was administered four times. GTFs were well tolerated except one patient who had fever during transfusion. While donor's median WBC count at leukapheresis was 32.91x10⁹/L, the mean WBC and granulocyte counts of the products were 158.6±66.4x10³/mm³ and 134.5±62x 10³/mm³ respectively. The mean granulocyte dose transfused to the patients was 3.1±1.2x10¹⁰ cells. (Table 4).

Hematological and clinical data

The mean duration of hospitalization was 22.8±16.3 days (solid tumors 21.3 days, leukemias 28.2 days, p= 0.10). The mean duration of febrile neutropenia 18.5±17.5 days (solid tumors: 24.5 days, leukemias: 26.6 days, p= 0.64). There was a positive correlation between duration of hospitalization and febrile neutropenia (p= 0.00001, r= 0.745). Granulocyte count of the product was negatively correlated with febrile neutropenia duration (p= 0.043, r=-0.284). The median recipient WBC count before, 2h and 24h after

transfusion were 0.4x10³/mm³ (n= 46, range 0.1-4.2x10³/mm³), 2x10³/mm³(n= 44, range 0.1-37x10³/mm³), 1.8x10³/mm³ (n= 46, range 0.1-22.3x10³/mm³) respectively. The median ANC count of the recipient before GTF was 0.2x10³/mm³(n= 51, range 0-0.45x10³/mm³) and median ANC of the recipient post transfusion was 2.04x10³/mm³ (n= 33, range 0.1-16.7x10³/mm³) (Table 4). Thirty-nine (76.5%) of the neutropenic febrile episode resolved from infection and discharged from the hospital. In 12 episodes (23.5%) the patients died in, seven of them were refractory to treatment, two of them were at the initial stages of treatment and three of them had relapsed disease. There was no statistically significant difference in the ANC, procalcitonin, administration of G-CSF, underlying malignancy (leukemia vs solid tumor), granulocyte product or WBC content between survivors and non-survivors (p> 0.05). The presence of microbiologically documented infection (p= 0.044) and IVIG administration (p= 0.04) were statistically significant in non-survivors.

DISCUSSION

Overwhelming infection in neutropenic cancer patients has a high mortality despite modern anti-infective treatment regimens and achievements made in intensive care management.⁵ Although the neutrophil transfusion therapy has been available since 1960s, its role in the management of febrile neutropenia had been controversial. In the 1960s granulocytes obtained from chronic myeloid leukemia patients with high granulocyte counts gave hopeful results.⁶ Between 1970 to 1980 the clinical trials yielded mixed

results. An explanation for this variability could be the dose of the granulocytes transfused.⁷⁻¹¹ Meta-analysis suggested that higher doses given resulted in better clinical efficacy.¹²⁻¹³ GTF disappeared from clinical use between 1980 to 1990 due to improvements in general supportive care and new antimicrobials, combined with the difficulties in collecting granulocytes. Also concerns from reports of adverse pulmonary reactions made GTF unfavorable modality of treatment.¹⁴ Interest in GTF was renewed in the 1990s after the discovery and availability of recombinant granulocyte colony stimulating factor (G-CSF).¹⁵⁻¹⁶ The introduction of G-CSF to stimulate healthy donors has enabled to collect sufficient amounts of granulocytes that are more functional and resistant to apoptosis.¹⁷⁻¹⁸ Additional improvements in leukapheresis techniques and erythrocyte sedimentation techniques have resulted in efficient collection of granulocytes.^{4,19,20}

Price et al. have shown that transfusion of granulocytes harvested from donors stimulated with G-CSF and dexamethasone could restore neutropenia in patients and the infection has been resolved in eight of 11 patients with invasive bacterial infections and candidemia.²¹ Peters et al. in their prospective study of 30 pediatric patients receiving GTF demonstrated that 14 out of 17 patients with bacterial infection survived on day 100 after the first GTF. However, treatment of fungal infections was much less effective.²² Hester et al. treated 15 patients with established fungal infections and reported that 60% responded to transfusion.²³ In a retrospective uncontrolled observational study of neutropenic pediatric patients with sepsis who received GTF, 19 of 32 patients survived sepsis and the survivors had a significant decrease in C-reactive protein.² Other authors also documented that GTF is generally well tolerated and short term survival was good in pediatric oncology and HSCT patients with neutropenic sepsis.^{3,4,24}

GTF is recommended when the absolute neutrophil count is less than 500 cells/microliter, when there is evidence of bacterial or fungal infection, unresponsiveness to aggressive antimicrobial treatment and no recovery of neutrophil count expected for more than 7 days.²⁵ In our study, all patients were in the high risk group. In 43 of the episodes, patients received GTF once. The process of granulocyte donation can be burdensome for donors. Donors must take three trips to the donation center; first for donor screening

and testing, second for medication administration and third for the leukapheresis procedure. Although in our case series donors were family members in 72.5% of the courses, the inconvenience of the process to the donor was a limiting factor to GTF given to the patients. The dose of the granulocytes administered is a key factor in response to GTF. We also found that granulocyte count of the product was negatively correlated with the duration of febrile neutropenia. The mean granulocyte yield of the apheresis concentrates was $3.1 \pm 1.2 \times 10^{10}$ (Table 4) which met the requirement of minimum recommended dose of 1×10^{10} per transfusion.^{13,26} Granulocytes were well tolerated and no donor or patient related major complication was observed. The short term complete response rate was 76.5%. Of the non-survivors ten had uncontrolled progression of their disease and two were at the initial stages of treatment. The duration of hospitalization and duration of febrile neutropenia was not statistically significant in patients with solid tumor vs leukemia. In eight of the non-survivors microbial infection was documented and seven of them received IVIG treatment.

Our data show that GTF is well tolerated and may be a useful therapeutic tool in high-risk neutropenic pediatric oncology patients. However, with this case series we cannot make conclusions regarding the appropriate application of GTF. Despite ethical issues with randomization in life-threatening infectious complications during neutropenia, well designed controlled study in pediatric oncology and HSCT patients are required to confirm the benefits of prophylactic and therapeutic GTF treatment. A phase III randomized controlled multicenter clinical trial (the RING study: "resolving infection in people with neutropenia") of GTF therapy has been launched by National Heart, Lung, and Blood Institute. This study will evaluate the benefit of treating patients with GTF therapy in patients with bacterial and fungal infections.²⁷ GTF might be considered as an additional supportive care of potential use until the results of that study is published.

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